

United Way Partner Agency Community Outcomes Lynchburg City

LIVE UNITED



United Way
of Central Virginia

2-1-1 VIRGINIA Calls: 3,104

2-1-1 Referrals: 5,051



BIG BROTHERS BIG SISTERS OF CENTRAL VIRGINIA

Community Based Programs: (91 unduplicated children)

- ♦ 87% of matches had a strong relationship at the end of 6 months.
- ♦ 81% of matches had a strong relationship at the end of 12 months.
- ♦ 84% of youth surveyed showed an improvement in social competencies.
- ♦ 71% of youth surveyed showed an improvement in scholastic competencies.

Site Based Program: (41 unduplicated children)

- ♦ 84% of matches had a strong relationship at the end of 6 months.
- ♦ 51% of matches had a strong relationship at the end of 12 months.
- ♦ 88% of youth surveyed showed an improvement in social competencies.
- ♦ 80% of youth surveyed showed an improvement in scholastic competencies.

LYNCHBURG COMMUNITY ACTION GROUP, INC.

Head-Start: (61 unduplicated children)

- ♦ 100% of students were assessed for health, educational and social needs.
- ♦ 100% of enrolled families were assessed for educational and service needs.
- ♦ 100% of families were provided referrals to community service programs as needed.
- ♦ 25% of parents participated in trainings, workshops and other Head Start activities.
- ♦ 100% of the parents are able to provide permanent housing for the family.

BOY SCOUTS

Scoutreach: (535 low-income, at-risk youth unduplicated individuals)

- ♦ Community organizations will enact a quality youth development where youth develop basic family values, build worth as a person, recognize successful role models, build partnerships with neighborhood organizations and respect cultural diversity.
- ♦ 56 Scoutreach youth earned 1 or more STEM (electronics, computers, welding, robotics, nuclear science, space exploration) related merit badges.
- ♦ 132 Scoutreach youth spent at least 30 hours on reading skills.
- ♦ 281 hours of community service performed giving youth an understanding of what it means to be a contributing member of society.

JUBILEE FAMILY DEVELOPMENT CENTER

Youth Educational Support Systems: (1,757 unduplicated individuals in After-School Tutorial Program)

- ♦ 100% of students have homework reviewed in tutoring session and receive additional academic work if grades are below “C”.
- ♦ 74% of report cards showed an improvement of at least one letter grade since the previous semester.
- ♦ 77% of report cards showed an improvement of at least one letter grade after the second nine weeks.
- ♦ 86% report cards showed an improvement of at least one letter grade in math since the last grading period.
- ♦ 90% of participants demonstrated knowledge of a new subject area.

MARY BETHUNE ACADEMY

Child Care: (115 unduplicated individuals)

- ♦ Children are prepared to enter kindergarten. Children have safe transportation to and from preschool.
- ♦ 100% of Pre-K children scored well on PALs tests and entered kindergarten with necessary age appropriate emergent literacy skills.
- ♦ 95% of students accepted new food/snack choices contributing to an improved diet and healthier lifestyle.

HUMAN KIND

Child Care Resource Center: (308 unduplicated individuals)

- ♦ 100% of participants enrolled in Child Development Associate (CDA) class increased their score on the final class exam, indicating preparedness for the credentialing exam.
- ♦ Information and referrals on child care information was provided to parents who were seeking child care information.
- ♦ 52% of participants submitting self-reported data reported a decrease in childcare licensing violations.

YMCA OF CENTRAL VIRGINIA

Out of School Time Childcare: (282 unduplicated individuals)

- ♦ 94% of parents agree that programs allow them to work without having to worry about the safety and well-being of their children.
- ♦ 85% of youth enrolled participated in the Healthy Education and Physical Activity (HEPA) program contributing to a healthier lifestyle.
- ♦ 70% of youth demonstrated a change toward healthy eating habits.

GIRL SCOUTS OF VIRGINIA SKYLINE COUNCIL

Community Outreach: (29 unduplicated individuals)

- ♦ 73% of girls can recognize their strengths and abilities.
- ♦ 65% of girls developed healthy relationships.
- ♦ 72% of girls can identify community needs and use various ways to gain information.



AMERICAN RED CROSS – HISTORIC VIRGINIA CHAPTER

Disaster Services: (488 unduplicated individuals)

- ♦ 108 individuals received vouchers for a hotel stay when they had no place to go as well as vouchers for purchasing food and clothing following the loss of their home due to fire or other incident..
- ♦ 100% (41 families) of the disaster victims who responded to the survey said the chapter was very good or excellent at fulfilling the victim's most immediate needs.
- ♦ Red Cross has increased response capacity due to disaster volunteer recruitment and training. 30 new volunteers were recruited and trained.

CENTRAL VIRGINIA ALLIANCE FOR COMMUNITY LIVING, INC

Assisted Transportation: (140 unduplicated individuals)

- ♦ 98% of individuals attended healthcare appointments.
- ♦ 92% of individuals received transportation to dialysis.
- ♦ 92% of individuals had access to critical medications.
- ♦ 93% of individuals had access to grocery stores.
- ♦ 97% of individuals still in their own homes at their one year assessment or until death.

Congregate Meals: (42 unduplicated individuals)

- ♦ 98% of individuals socialize and connect with peers.
- ♦ 98% of individuals participated in health screenings and educational programs.
- ♦ 90% of individuals participated in physical exercises and activities thus experiencing increased mobility.
- ♦ 90% of individuals remain independent and in the home.

Meals on Wheels for Seniors: (97 unduplicated individuals)

- ♦ 98% of homebound individuals avoid food insecurity and remain in their homes.
- ♦ 98% of rural individuals receive up to 20 meals per month.
- ♦ 100% of individuals receive regular health and resource information.
- ♦ 98% of individuals are connected to targeted additional supportive services.
- ♦ 10% of individuals transition to independent meal preparation.

LYNCHBURG COMMUNITY ACTION GROUP, INC.

The Gateway Program: (23 unduplicated individuals)

- ♦ 78% of 45 clients remained in the program and in recovery for 30 days.
- ♦ 91% of the clients stayed substance abuse free during their time in the program.
- ♦ 48% (21 of 44) individuals opened bank accounts and began to save money.
- ♦ 34 children were benefited in 2015. Out of 22 clients with children, 10 clients were able to begin paying child support.

Virginia Cares: (149 unduplicated individuals)

- ♦ 31% of participants received housing assistance.
- ♦ 57% of individuals received hygiene kits.
- ♦ 68% (52) of individuals gained employment.
- ♦ 11 % of individuals received proper identification cards and were assisted with disability appointments.

Hand-Up Lodge: (112 unduplicated individuals)

- ♦ 32% (45) of clients moved into permanent supportive housing.
- ♦ 14% of clients gained employment.

MEALS ON WHEELS

Home Delivered Meals: (409 unduplicated individuals)

- ♦ 98% of eligible and qualifying homebound recipients received nutritional meal within 10 business days of the application.

- ♦ 100% of participants who have special health issues received extra nutritional supplements when requested by a health professional.
- ♦ 84% of the elderly recipients remain in their home for 90 days after beginning the service.
- ♦ 76% of the elderly recipients remain in their home for 180 days after beginning the service.

HUMAN KIND

Ways to Work: (763 unduplicated individuals)

- ♦ 88% (110 of 126) of surveyed clients receiving new loans during 2015 reported an increase in financial stability.
- ♦ 77% (97 of 126) of surveyed clients reported having fewer employment absences and instances of tardiness.
- ♦ Clients have improved access to credit and take steps toward economic self-sufficiency. 110 loans were approved totaling \$451,257.
- ♦ 56% (70 of 126) of clients surveyed reported an improvement in credit rating.
- ♦ 97% (122 of 126) of surveyed clients receiving a Ways to Work loan reported their quality of life and personal expectations improved.

THE SALVATION ARMY

Center of Hope Emergency Shelter: (452 unduplicated individuals)

- ♦ 435 men, women and children were housed up to 90 days.
- ♦ Residents attend life skill class sessions learning to be self-sufficient.
- ♦ A 6 week course on nutrition and how to eat healthy on SNAP benefits was provided for the residents.
- ♦ Families with children are registered with the Homeless Liaison for the school system to make sure school aged children attend school regularly and have all of the supplies and benefits they are entitled to.

Family Services: (2,892 unduplicated individuals)

- ♦ 2,742 individuals received financial assistance to prevent loss of utility service.
- ♦ 435 individuals assisted with Eviction Notices and First month's rent payments.
- ♦ 602 clothing vouchers were redeemed.
- ♦ 474 individuals received food assistance.

VIRGINIA LEGAL AID SOCIETY

Housing Improvement and Preservation (HIP): (449 unduplicated individuals)

- ♦ VLAS recovered \$39,201 for Central Virginia clients in the HIP program and protected them from \$19,672 in unjust claims.
- ♦ 100% (2 of 2 cases; 3 people helped) benefited from improved housing conditions.
- ♦ 100% (15 of 15 cases; 36 people helped) reported increased housing stability.
- ♦ 100% (17 of 17 cases; 46 people) avoided eviction or foreclosure.
- ♦ 97% (214 of 220 cases; 563 people) gained knowledge about their legal rights regarding housing issues.



ADULT CARE CENTER OF CENTRAL VIRGINIA

Adult Day Care: (85 unduplicated individuals who includes family caregivers and participants)

- ♦ 100% of participants had vital signs read monthly.
- ♦ 100% of caregivers who responded to survey reported confidence that health issues were addressed.
- ♦ 93% of participants received scheduled health services.
- ♦ 100% of caregivers reported family member experiences safety and security while in program.
- ♦ 84% of participants were able to remain in the program over 6 months.
- ♦ 100% of caregivers experienced relief and decreased stress.
- ♦ 86% of caregivers would have to stop working or limit activities if family member was not in program.

AMERICAN RED CROSS – HISTORIC VIRGINIA CHAPTER

Volunteer Services: (1,355 unduplicated individuals)

- ♦ A new mass-care shelter was approved in Campbell County.
- ♦ 100% of the 202 blood drives in 2015 were fully staffed with volunteers.

THE ARC OF CENTRAL VIRGINIA

Day Support Program: (48 unduplicated individuals)

- ♦ 97% of individuals increased or maintained daily living skills as reported by staff.
- ♦ 100% of individuals increased or maintained daily living skills as reported by parents/caregivers.
- ♦ 96% of individuals increased or maintained independent living skills as reported by staff.
- ♦ 100% of individuals increased or maintained independent living skills as reported by parents/caregivers.
- ♦ 95% of individuals improved or maintained overall health as reported by staff.

Camp Meadowlark Program: (32 unduplicated individuals)

- ♦ 71% campers demonstrate appropriate social skills reported by camp counselors.
- ♦ 93% campers maintained appropriate social skills reported by parents/caregivers.
- ♦ 94% campers/caregivers reported less stress in the family.

CASA OF CENTRAL VIRGINIA

Court Appointed Special Advocates: (113 unduplicated individuals assigned to CASA volunteer)

- ♦ 475 children were appointed a CASA volunteer by the court. Volunteers are assigned to the most serious abuse and neglect cases.
- ♦ 54 volunteers were recruited and 34 completed the process.
- ♦ 100% of court reports were filed in a timely fashion prior to each court hearing.
- ♦ 100 % of children had a Permanency Plan within 11 months.
- ♦ 98% of the CASA children remained physically and emotionally safe while awaiting permanency. The 2% were moved to a safe place.
- ♦ 78% of CASA volunteer recommendations were accepted into court orders. 16% still under consideration and 6% were rejected.

FREE CLINIC OF CENTRAL VIRGINIA

Dental Services: (764 unduplicated individuals)

- ♦ 30% of patients had at least 2 dental cleanings in a 12 month period.

Medical Services: (932 unduplicated individuals)

- ♦ 85% of patients reported improvement in 8 areas of physical and emotional health.
- ♦ 51% of patients with Chronic Obstructive Pulmonary Diseases had reduced hospitalizations.
- ♦ 57% of patients reduced non-urgent emergency department visits.

Pharmaceutical Services: (353 unduplicated individuals)

- ♦ 14,441 prescriptions filled at Free Clinic.
- ♦ 100% of requested prescription refills are filled within 4 business days.

MENTAL HEALTH AMERICA OF CENTRAL VIRGINIA

Suicide Education and Prevention: (38 unduplicated individuals)

- ♦ Individuals received suicide prevention training of 1-3 hours.
- ♦ 99% participants demonstrated increased knowledge and skills.

HUMAN KIND

The Counseling Center: (87 unduplicated individuals)

- ♦ 68% appointments scheduled by clients were completed.
- ♦ 99% participants in Anger Management groups demonstrated an increase in knowledge and coping strategies in dealing with anger control issues.

Healthy Families: (263 unduplicated individuals)

- ♦ 94% (45 of 48 prenatal enrollees) received prenatal care visits as recommended by the schedule presented by the American College of Obstetrics and Gynecology.
- ♦ 96% (46 of 48 babies born to prenatal enrollees) weighed at least 2500 grams.
- ♦ 96% (141 of 150 target children) had a primary health provider within two months after enrollment or birth.
- ♦ 98% (87 of 89 target children) were screened at least annually for developmental delays.
- ♦ 100% (4 of 4 target children) with suspected developmental delays who were referred for early intervention services were monitored to determine the outcome of the referral for services.

YWCA OF CENTRAL VIRGINIA

Domestic Violence Prevention Center (DVPC): (10,142 unduplicated individuals)

- ♦ 194 women and children and 2 men were sheltered by DVPC in 2015 for 5,166 nights.
- ♦ Responded to 10,084 hotline calls.
- ♦ 904 victims of domestic violence were served via a court advocate.
- ♦ 85% of women shelter residents learned preventive measures for safety after participating in group activities.
- ♦ 85% of children, residing at the shelter, showed increased understanding of domestic violence and improved self esteem.
- ♦ 70% of the female victims were able to advocate for themselves in regards to housing, medical, criminal justice and jobs.
- ♦ 16 women returned to the shelter more than once in 2015.
- ♦ 24 children and parents had 72 safe visits with their non-custodial parents and grandparents.

Sexual Assault Response Program: (115 unduplicated individuals)

- ♦ 100% of clients returning surveys indicated that the SARP services helped reduce stress and anxiety for the primary victim.
- ♦ 243 clients were provided with court accompaniment services.
- ♦ 60% of survivors served were in counseling or referred to SARP Community Support Group.
- ♦ 304 victims received a referral and/or assistance with Criminal Injuries Compensation Fund (CICF). This fund will cover the cost of ER exam.
- ♦ **Residence (Permanent Housing):** (2 unduplicated individuals)
- ♦ 13 eligible low-income women lived at the YWCA for a total of 3,256 bed nights.
- ♦ 54% of the women paid rent on time.
- ♦ 75% of the women attended residential meetings and events. Non-attendance was due to work, hospitalization or care-giving.
- ♦ 100 % of the women received assistance from produce to toiletries to cleaning supplies.
- ♦ 3 women moved into other permanent housing.