Services of Interest to Senior Citizens and Their Caregivers for the CENTRAL VIRGINIA AREA

Provided by the Central Virginia Area Agency on Aging and 2-1-1 VIRGINIA

Departments of Social Services

The first step to getting assistance is to go to your Department of Social Services. Sign up for your benefits programs and get a case manager. Not only will this begin the process toward financial stability, but also many social service agencies will not work with you until you have a case manager. Benefits programs offered through Departments of Social Services typically include Temporary Assistance to Needy Families (TANF), Medicaid, Food Stamps, Emergency Aid, Adult Protective Services, Cooling Assistance, Family Access to Medical Insurance Security (FAMIS), and Fuel Assistance.

Lynchburg Department of Social Services
99 Ninth Street, Lynchburg (434) 455-5850 Monday - Friday, 8:30am - 5:00pm

Bedford County Department of Social Services
119 East Main Street, Bedford (540) 586-7750 Monday - Friday, 8:30am - 5:00pm

Amherst County Department of Social Services
224 Second Street, Amherst (434) 946-9330 Monday - Friday, 8:30am - 4:00pm

Campbell County Department of Social Services
69 Kabler Lane, Rustburg (434) 592-9585 Monday - Friday, 8:30am - 5:00pm

Appomattox County Department of Social Services
124 N. Court Street, Appomattox (434) 352-7125 Monday - Friday, 8:30am - 4:30pm

Social Security Administration
7618 Timberlake Road, Lynchburg, VA 24502
(866) 946- 6142
Monday - Friday, 9:00am - 5:00pm

Supplemental Security Income (SSI)

Designed to help the elderly, persons who are blind, and persons with disabilities that have little or no income. It provides cash to meet basic needs for food, clothing, and shelter.

Social Security Disability Insurance (SSDI)

Pays benefits to you and certain members of your family if you are “insured,” meaning that you worked long enough and paid Social Security taxes.

Virginia Department of Aging
Forest Avenue, Richmond VA 23229, (800) 552-3402 1610
Monday – Friday, 8:00am – 5:00pm

Receives and attempts to resolve complaints about nursing homes, adult homes, geriatric facilities, and community services for the elderly. Also provides information and referral on long-term care

Senior Employment Services

The Region 2000 Career Center organizes employment, education, and training services into a single system. The Career Center provides Workforce Investment Act Adult, Dislocated Worker, and Youth programs and access to Employment Services, Adult Education, Post Secondary Education, Welfare-to-Work, Older Americans Act programs, Job Corps, Trade Adjustment Assistance, NAFTA Transitional Adjustment Assistance, Veterans Employment and Training, Unemployment Insurance, and other partner programs.

Region 2000 Career Center
2323 Memorial Ave., Suite 25, The Plaza
(434) 455- 5940, Lynchburg, VA 24501

Goodwill Senior Community Service Employment Program
(same address as Career Center)

Virginia Employment Commission
3125 Odd Fellows Rd., Lynchburg, VA, 24506
434-947-6671

Workforce Development
3506 Wards Rd. (CVCC)
Lynchburg, VA 24502
434-832-7608

Veterans Affairs Department of Lynchburg
3704 Old Forest Rd, Lynchburg, VA 24503
(Reddy Real Estate Bldg.) (434) 385- 0815
Monday - Friday, 8:30am - 4:00pm

Provides advocacy for veterans in accessing State, Federal, and Local benefits to which they are entitled. Prepares and presents claims. Serves as a clearing house, providing information and assistance that will enhance veterans’ quality of life.

Salem VA Outpatient Medical Clinic
1600 Lakeside Drive, Lynchburg
434-316-5000
Monday – Friday
8:00 am – 4:00 pm

Virginia Department of Rehabilitative Services
Murrell Road, Suite F, Lynchburg, VA 24501
(434) 947- 6721 2250
Monday - Friday, 8:00am - 5:00pm

Provides rehabilitation services to persons with disabilities who need assistance to prepare for, enter, or maintain employment. Services may include assessment, guidance and counseling, training, physical and mental restoration, rehabilitation technology, job development and placement, and a wide variety of individualized services tailored to the needs of the customer. The goal of the vocational rehabilitation program is to assist individuals with disabilities to obtain employment that is inconsistent with their strengths, resources, priorities, concerns, abilities, and capabilities.

Department of Motor Vehicles

To obtain a picture ID

3236 Odd Fellows Road,
Lynchburg, VA 24501
(804) 497- 7100
Monday – Friday, 9:00am – 5:00pm:
Saturday, 8:00am – 12:00p.m.

Emergency Financial Assistance

Lynchburg Community Action Group	434-846-2778
Interfaith Outreach Association	434-846-6098
Salvation Army Lynchburg	434-845-5939
Bedford Christian Ministries (Bedford Co. Residents)	540-586-2633
Piedmont Community Impact	434-283-7531
Helping Hands (Amherst Co. Residents)	434-846-5914
DAWN (Campbell Co. Residents)	434-369-7937
Lake Christian Ministries	540-297-3214

Emergency Shelters

Hand-Up Lodge	(Day)	434-846-2778
	(Night)	434-846-8715
Salvation Army		434-846-3525

Transitional Shelters

Hope House	434-845-5939
Miriam's House	434-847-1101
The Gateway House	434-846-3311
YWCA Residential Housing	434-847-7751

Low Income Housing/ Retirement Communities

Lynchburg Community Action Group	434-846-2778
Lynchburg Covenant Fellowship Inc.	434-847-9059
Lynchburg Redevelopment & Housing	434-845-9011
Lynchburg Neighborhood Development	434-846-6964
USDA Rural Development	434-239-3735
Westminster Canterbury	434-386-3500
Williams Home	434-384-8282
Valley View Retirement Community	434-237-3309
Elks National Home	540-586-8232

Legal Assistance

Virginia Lawyer Referral	1-800-552-7977
Virginia Legal Aid Society	434-846-1326
	Or1-888-846-8527
Central Virginia Area Agency on Aging	434-385-9070

Medical Assistance

Free Clinic of Central Virginia	434-847-5866
Johnson Health Center	434-947-5967
Bedford Christian Free Clinic	540-586-3711
FREE (medical equipment)	434-846-3733
James River Dental Clinic	434-847-4691

Prescription Assistance

Meds Help	434-947-5137
Free Clinic of Central Virginia	434-847-5688
Bedford Christian Free Clinic	540-586-3711

Senior Services

Central VA Area Agency on Aging	434-385-9070
Lynchburg Parks & Recreation	434-455-4000
Generation Solutions	434-455-6500
Meals on Wheels	434-847-0796
Adult Care Center of Central Virginia	434-455-2427
Interfaith Outreach	434-846-6098
Jericho Outreach Ministries	434-845-0834
Southside Senior Citizens Assoc.	540-297-4975
Beard Center on Aging	434-544-8456
CVAAA Resource Center	434-385-9070
Centra PACE	434-200-6516
Carillion Adult Day Care	540-587-0188
Raspberry Hill Adult Daytime Center	434-525-4442
Alzheimer's Association	434-973-6122
	1-800-272-3900

Housing Rehabilitation/Weatherization

Lynchburg Community Action Group	434-846-2778
Rebuilding Together Amherst	434-946-9674
Appomattox	434-942-5311
Bedford	540-483-5600
Campbell	434-239-3496
Lynchburg	434-942-5311
Lynchburg Covenant Fellowship	434-847-9059
Central Virginia Area Agency on Aging	434-385-9070

Counseling/Support Group

Presbyterian Homes & Family Service/Family Alliance	434-845-5944
Mental Health America of Central VA	434-847-9055

Parks & Recreation

Amherst	434-946-9371
Appomattox	434-352-5996
Bedford (City)	540-587-6061
(County)	540-586-7682
Campbell	434-592-9570
Lynchburg	434-455-5858

2-1-1 VIRGINIA
Dial 2-1-1 for information and referrals
Open 24 hours
7 days a week

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