

# 2018-19 United Way Partner Agencies

United Way  
of Central Virginia



AGENCY	PHONE	FAX	DIRECTOR
<b>Adult Care Center</b> <a href="http://www.adultcarecenter.org/">http://www.adultcarecenter.org/</a> A quality day care service for health impaired or disabled adults. The Center provides a broad ranging therapeutic program including personal care, health monitoring, medication administration, individualized care plans, lunch and snacks, exercises, music, crafts, and intergenerational activities. Provides a safe daytime environment for the frail adult while giving their family caregiver a break. The Center is located in historic downtown Lynchburg.	434/847-8111	434/847-8132	<b>Ms. Allison Szuba</b> <a href="mailto:director@adultcarecenter.org">director@adultcarecenter.org</a>
<b>Altavista Area/Campbell County Habitat for Humanity, Inc.</b> The vision of Habitat is a world where everyone has a decent place to live. Habitat for Humanity brings people together to build homes, communities and hope. The local affiliate's goal is to eliminate poverty housing from the community by building safe, decent, and affordable housing. Altavista Area/Campbell County Habitat for Humanity is a locally run affiliate of Habitat for Humanity International, a nonprofit, ecumenical Christian housing organization. HFH works in partnership with people in need to build affordable houses which are then sold to those to qualified applicants at no profit and with no interest charged, therefore making the mortgage payments \$300 or less per month. Volunteers provide most of the labor. Grants, individuals, and corporate donors provide money and materials. The partner families themselves invest hundreds of hours of labor - "sweat equity" – into building their homes. Their mortgage payments go into a revolving Fund for HFH that is used to build more houses.	434/309-2688		<b>Mr. Brett Witcher</b> <a href="mailto:habitatdirector@gmail.com">habitatdirector@gmail.com</a>
<b>American Red Cross Blue Ridge Region</b> <a href="http://www.redcross.org/local/va">http://www.redcross.org/local/va</a> Assists families following disasters; provides emergency services to the Armed Forces; offers training in preparedness, CPR/First Aid, babysitting and lifeguarding; collects and provides blood products to area hospitals; offers international tracing services.	434/845-1234	434/845-5160	<b>Ms. Michelle McCormick</b> <a href="mailto:Michelle.mccormick3@redcross.org">Michelle.mccormick3@redcross.org</a>
<b>Arc of Central Virginia</b> <a href="http://www.arcofcva.org">www.arcofcva.org</a> Provides day support and residential services to adults with intellectual and developmental disabilities. Services include personal care, monitoring health and safety and programming in independent living, academic skills, socialization and recreation. Residential services include sponsored placements, in-home support and respite. The Arc also provides a four-week summer camp program for adults and children.	434/845-4071	434/845-6425	<b>Mr. Robin Baker</b> <a href="mailto:robin.baker@arcofcva.org">robin.baker@arcofcva.org</a>
<b>Bedford Area Family YMCA</b> A vital community organization serving a large and diverse population through a variety of programs and services including; School age Child Care, Preschool Child Care, Day Camp, Aquatics, Fitness, Health and Wellness, Youth and Adult Sports and Recreation, Outdoor Adventure, and more. The YMCA offers scholarships and fee reductions for memberships and programs based on financial need.	540/586-3483	540/587-5310	<b>Ms. Mary Jo Boone</b> <a href="mailto:mjboone@bedfordymca.org">mjboone@bedfordymca.org</a>

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<b>Bedford Christian Ministries</b>	<b>540/586-2633</b>	<b>540-586-7313</b>	<b>Mr. Houston Crum</b> <a href="mailto:cr222um@earthlink.net">cr222um@earthlink.net</a>

Bedford Christian Ministries is an all-volunteer community agency that serves seniors, disabled and low income residents of the Town and County of Bedford. Services include food, clothing, household and financial aid for electricity disconnection, past due rent, heating fuel and limited vision/dental/prescription assistance for households and individuals in need.

<b>Big Brothers Big Sisters Of Central Virginia</b>	<b>434/528-0400</b>	<b>434/528-3234</b>	<b>Mr. Ash Gorman</b> <a href="mailto:ash@bigcva.org">ash@bigcva.org</a>
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To provide children facing adversity with strong and enduring professionally supported one-to-one relationships that change their lives for the better, forever.

<b>Boy Scouts Blue Ridge Mountains Council</b>	<b>540/265-0656</b>	<b>540/265-0659</b>	<b>Mr. George Clay</b> <a href="mailto:George.Clay@Scouting.org">George.Clay@Scouting.org</a>
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Youth and family program for character development, leadership training and physical fitness; emphasizing outdoor adventures and fun for youth of ages. Youth ages 6-10 (Cub Scouts BSA) youth ages 11 – 18 (Scouts BSA) and young adults (co-ed ages 14-20 Venturing BSA and Exploring BSA).

<b>CASA of Central Virginia</b>	<b>434/485-7260</b>	<b>434/528-2551</b>	<b>Ms. Allison Stronza</b> <a href="mailto:allison@cvcasa.org">allison@cvcasa.org</a>
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CASA (Court Appointed Special Advocates) of Central Virginia recruits, trains and supports volunteers to serve as advocates for abused and neglected children in the city of Lynchburg and the counties of Amherst, Appomattox, Bedford, Campbell and Nelson. Juvenile Court Judges appoint CASA volunteers to investigate what is in the best interest of the child and to help get the child placed in a safe, permanent home as soon as possible. CASA volunteers can help achieve positive outcomes for children by being their “voice” in court.

<b>Central Virginia Alliance for Community Living, Inc.</b>	<b>434/385-9070</b>	<b>434/385-9209</b>	<b>Ms. Deborah Silverman</b> <a href="mailto:dsilverman@cvcl.com">dsilverman@cvcl.com</a>
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Central Virginia Alliance for Community Living, Inc. (formerly Central Virginia Area Agency on Aging, Inc.) supports older adults and individuals with disabilities to live with dignity in accordance with their own personal choice. CVACL operates as the local Area Agency on Aging. CVACL provides a range of services to seniors over the age of 60 and support to persons with disabilities over the age of 18. Additionally, CVACL offers a range of services and supports to adults of any age that focus on health and wellness. CVACL provides assessment of individual circumstances and supports the development of plans for long term supports and services specific to the individual. CVACL develops plans with individuals but supports a person centered approach to determining services. CVACL operates in-house programs to include Meals on Wheels for Seniors; Congregate Meals and Socialization Programs, Non-Emergency Medical Transportation; Nutrition Education; Chronic Disease Management; Falls Prevention; Insurance Counseling; OPTIONS Counseling; Care Transitions; Weatherization; and Care Management and Coordination. CVACL employs an Ombudsman and provides education related to Elder Abuse. CVACL supports individuals in “Living Their Best Life”.

<b>DAWN (Donation-A-Week Neighbors)</b>	<b>434/369-7937</b>		<b>Ms. Frances Hutcherson</b> <a href="mailto:mindyboo2@gmail.com">mindyboo2@gmail.com</a>
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DAWN is a volunteer service agency that provides services to folks in need of “emergency help” within the Altavista and Hurt areas reaching out approximately 15 miles (RT 24 in Evington to RT 40 in Gretna) and is sponsored by the Altavista Area Ministerial Association. Emergency needs could be for food, shelter, utilities or prescriptions. We also provide basic mentoring programs to help with budgets, resumes, and job searches. Hours are 10am to 12 noon – Monday, Tuesday, Wednesday, Thursday.

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<b>Free Clinic of Central Virginia</b> <a href="http://www.freeclinicva.org">http://www.freeclinicva.org</a> The Free Clinic is dedicated to the belief that everyone should have access to quality health care services. Our mission is to provide primary medical, nursing, dental, pharmaceutical, and educational services to those in Central Virginia who do not have the resources to obtain this basic health care. Services are limited to residents of Central Virginia who are uninsured or underinsured, and who have income less than or equal to 200% of the Federal Poverty Level. Individuals are considered underinsured if their health insurance does not cover the medically necessary service they are requesting. The work of the Free Clinic is made possible by the over 850 medical, dental, pharmacy and administrative professionals who regularly volunteer at the Free Clinic.	434/847-5866	434/528-2529	<b>Ms. Christina Delzingaro</b> <a href="mailto:cdelzingaro@freeclinicva.org">cdelzingaro@freeclinicva.org</a>
<b>Girl Scouts of Virginia Skyline Council</b> <a href="http://www.gsvsc.org">http://www.gsvsc.org</a> Girl Scouts is the preeminent leadership development organization for girls; building girls of courage, confidence, and character who make the world a better place. Through the Girl Scout Leadership Experience, girls will discover who they are, what they care about, what their talents are and collaborate and learn from each other. Our program pillars are STEM, Outdoor Adventure, Life Skills and Entrepreneurship. The proven benefits of participating in Girl Scouts are: strong sense of self, positive values, challenge seeking, healthy relationships and community problem solving. GSVSC serves girls ages 5 to 17 across 36 counties in central and southwest Virginia.	540-777-5100		<b>Ms. Nikki Williams (CEO)</b> <a href="mailto:nwilliams@gsvsc.org">nwilliams@gsvsc.org</a>
<b>Jubilee Family Development Center</b> <a href="http://www.jubileefamily.org/">http://www.jubileefamily.org/</a> Family Development Center provides high quality academic, athletic and occupational programs that foster personal, social and spiritual growth and the stability of families. Jubilee is a youth and family-centered organization that provides academiceenrichment, tutoring, mentoring, and athletic/health/wellness/fitness programs for youth after school as well as a full-day 8 - 10 week Summer Enrichment Camp. Vocational training opportunities and job search assistance are offered for adults. Jubilee alsohosts many community events, and provides recreational opportunities and programs that promote family stability.	434-845-0433	434/845-4740	<b>Mr. Sterling Wilder</b> <a href="mailto:swilder@jubileefamily.org">swilder@jubileefamily.org</a>
<b>Lake Christian Ministries</b> <a href="http://www.lakechristianministries.org">http://www.lakechristianministries.org</a> Provides food, household items, crisis financial aid, clothing, job counseling and placement for low income individuals and families who are experiencing unemployment, illness, family disruptions, or other unexpected crisis occurrences. Programs are provided 3 days per week at LCM's Moneta Center and one a month by mobile pantry at the Moneta Senior Center. Support comes from local churches, businesses, civic organizations and individuals in the Bedford County area.	540-297-3214		<b>Ms. Jane Winters</b> <a href="mailto:lcmedr@gmail.com">lcmedr@gmail.com</a>
<b>Lynchburg Community Action Group, Inc.</b> <a href="http://www.lyncag.org">http://www.lyncag.org</a> Lyn-CAG is a non-profit organization that provides a variety of services and programs to the citizens of Central Virginia. During its 50-year history, Lyn-CAG's primary focus has been to provide direct assistance to low- and moderate- income individuals and families in the prevention, reduction or elimination of poverty and adverse situations in their lives. Over twenty (20) services and programs administered by this agency address the needs of citizens in the city of Lynchburg and the counties of Amherst, Appomattox, Bedford and Campbell.	434/846-2778	434/845-1547	<b>Mr. William Coleman</b> <a href="mailto:wcoleman@lyncag.org">wcoleman@lyncag.org</a>
<b>Lynchburg Sheltered Industries</b> <a href="http://www.lsiworks.org">http://www.lsiworks.org</a> Provides job training and employment as well as day support services that include skill building, career building activities, socialization opportunities and community engagement. All services are person centered and outcome driven.	434/847-4488	434/847-0058	<b>Mr. Cecil Kendrick</b> <a href="mailto:cecil.kendrick@lsiworks.org">cecil.kendrick@lsiworks.org</a>

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<b>Mary Bethune Academy</b> <a href="http://www.marybethuneacademy.org">www.marybethuneacademy.org</a> Serves ages infant through 5 for child care/preschool and offers before/after care to our graduates/siblings up to 8years old. Center hours are 6:30 a.m through 5:30 p.m Monday -Friday. The Mission of Mary Bethune Academy is to provide a quality program which promotes a nurturing and enriching early childhood learning experience, encourages accomplishment and strives for excellence for children during their formative years. Healthy breakfast, lunch & pm snack provided and transportation offered for a nominal fee. Children have the security of remaining with familiar caregivers until Kindergarten	434/847-4221	434/847-0441	<b>Ms. Esther Wood</b> <a href="mailto:ewood@marybethuneacademy.org">ewood@marybethuneacademy.org</a>
<b>Meals on Wheels of Greater Lynchburg</b> <a href="http://www.mealsonwheelslynchburg.org">http://www.mealsonwheelslynchburg.org</a> Meals on Wheels of Greater Lynchburg provides healthy meals, friendly smiles, and warm reassurance to the local homebound community. Assistance is provided to the frail elderly and younger disabled shut-ins by delivering a balanced, nutritious, hot lunch five days per week to those who cannot meet the need on their own. This service allows people to stay in their homes, maintain more independence and avoid living in costly institutions. It also allows patients to leave a hospital, nursing care or rehab earlier, encouraging convalescence in their own home. Without this valuable program, many in our community would go hungry.	434/847-0796	434/847-0798	<b>Ms. Kris Shabestar</b> <a href="mailto:director@mealslynchburg.org">director@mealslynchburg.org</a>
<b>Otter River Resource Center, Inc.</b> <a href="http://www.theorrc.org">http://www.theorrc.org</a> The primary purpose is to provide assistance and support that enables people over the age of eighteen who have intellectual disabilities to attain new skills and/or retain current skills. This service will be a combination of center-based services and community outings. The skills training will include, but will not be limited to, personal hygiene, health and safety, social skills and daily living skills. The services provided for each client will be decided ultimately by the client.	434/369-6920	434/369-7515	<b>Mr. Dave Taylor</b> <a href="mailto:dtaylor@theorrc.org">dtaylor@theorrc.org</a>
<b>Human Kind (PHFS/Family Alliance)</b> <a href="http://www.humankind.org">www.humankind.org</a> HumanKind works in communities throughout Virginia to strengthen individuals and families through care, counseling and education. We provide wraparound services in Early Childhood Development, Economic Opportunity, Mental & Behavioral Health, Developmental Disabilities, Youth & Family Services, and Health & Wellness. Within these focus areas we operate over 20 programs that serve 6,000 individuals annually. These programs include group homes for adults with disabilities, employment coaching and assistance, counseling services, child abuse prevention services, and foster care, among many others.	434/384-3131	434/384-6148	<b>Mr. Bob Dendy</b> <a href="mailto:bdendy@humankind.org">bdendy@humankind.org</a>
<b>Piedmont Community Impact Organization, Inc. (PCIO)</b> PCIO provides community service programs to the citizens of Campbell County and the surrounding areas. Among the programs offered is Camp Philadelphia, the six week summer enrichment program geared toward academic achievement through mentoring, education and training. Piedmont also provides a summer feeding program through nine weeks of the summer that promotes nutritious and continuous meals in low-income areas. Additional programs sponsored by Piedmont included Helping Hands emergency assistance for utility disconnections and rental evictions. Project Manna and the Partner Pantry support our neighbors in hunger crisis	434/283-7531	434/283-7532	<b>Ms. Janet Lomax</b> <a href="mailto:janetflomax@icloud.com">janetflomax@icloud.com</a>
<b>The Salvation Army</b> The Salvation Army is an evangelical part of the Christian Church. It serves the counties of Amherst, Appomattox, Bedford, Nelson, Campbell and the cities of Bedford and Lynchburg: providing financial aid, food and clothing assistance to families, shelter to homeless men, women and children year around, weekly mentoring and character building programs	434/845-5939	434/846-1549	<b>Captain Trey Jones</b> <a href="mailto:trey.jones@uss.salvationarmy.org">trey.jones@uss.salvationarmy.org</a>

## AGENCY

## PHONE

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for school age children, Community Feeding Program is open seven days a week, 365 days a year, serving breakfast and dinner to the residents and to anyone in the community who needs a nutritious meal. The Army assists in natural disasters in and around Lynchburg and throughout the nation.

*Virginia Legal Aid Society*

434/846-1326

434/528-3571

*Mr. David Neumeyer*<http://www.vlas.org>[davidn@vlas.org](mailto:davidn@vlas.org)

Resolves serious legal problems of low-income people, promotes economic and family stability, reduces poverty through effective legal assistance, and champions equal justice. VLAS uses legal skills to solve problems in health care, public benefits, housing, family relations, wills and powers of attorney, education and employment.

*YMCA of Central Virginia*

434/582-1900

434/237-6118

*Ms. Susan Landergan*<http://www.lynchburgymca.org>[susanlandergan@ymcacva.org](mailto:susanlandergan@ymcacva.org)

434-582-1900

434/237/6118

*Mr. Jay Parker*[jayparker@ymcacva.com](mailto:jayparker@ymcacva.com)

At the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has opportunity to learn, thrive and grow. With a focus on youth development, healthy living and social responsibility, the Y nurtures the potential of every child and teen, improves the community's health and well-being, and provides opportunities to give back and support neighbors. We provide a variety of programs which include School-Age Childcare, Day Camps, Fun/Inclement Weather Days, Youth Sports, Aquatics, Health and Fitness and Outreach programs such as Outreach Swim Lessons and Summer Learning Loss Prevention. Financial assistance is provided based on financial need.

*YWCA of Central Virginia*

434/847-7751

434/528-3449

*Ms. Ashley Marshall*<http://www.lynchburgywca.org> or <http://www.ywca.org/centralvirginia>[Ashley.marshall@ywcacva.org](mailto:Ashley.marshall@ywcacva.org)

The YWCA is here 24 hours a day to help the women and girls of our community develop the strength they need for a better tomorrow. Programs and services include: the **Domestic Violence Prevention Program** which includes 2 emergency shelters. Sadler House in Lynchburg and Frannie's House in Campbell County both provide shelter and support services for victims of domestic violence and their families; **Sexual Assault Response Program** which responds to victims of sexual assault and helps promote healing during their time of crisis, **Children's Supervised Visitation Center** which provides a safe place for children to have on-going contact with their parents ; **Town Center Housing** provides safe affordable housing for women, **YW Lead** engages with teen girls in the Lynchburg community to foster leadership skills and promote healthy lifestyles. **Racial Justice Program** promotes racial equality in the communities we serve. We also operate the "Church Street Bridal" Shops – a year round fundraiser to support all services provide by the YWCA.