

Activities/Programs available to Lynchburg's Youth

Activity	Available During LCS Intercessions	Available during the summer	Available Year Round	Agency/Organization's Name	Title of Program	Description of program/activity	Location	Fee/Cost	Scholarships available?	Hours of operation	Dates/days of operation	Intendend population(Grade/Age)	Contact	Registration information	Notes: Activities are not sponsored by nor endorsed by the Lynchburg City School Board
Youth Organization Activity	available as scheduled	available as scheduled	available as scheduled	Virginia Cooperative Extension 4-H	Virginia Cooperative Extension 4-H Family Nutrition Program	Teaching young children about nutrition by empowering them to be healthy from inside out.	A collaboration and partnership with any youth organization	None	N/A	A collaboration and partnership with any youth organization	available upon organization schedule	K through 2nd grades	Pauline Stokes, FCS SNAP-ED Agent, Virginia Cooperative Extension P.O. Box 322 100 Dominion Drive Farmville VA 23901 pstokes@vt.edu or 434-392-4246 Fax Ann H. Wrenn	OrganWise Guys® are fun characters shaped like organs in the body who teach children about nutrition through stories and fun activities. Lessons are paired with food experience so children can try the foods that make their organs healthy. Lessons are linked to Virginia SOL's in Health and Physical Education, Language Arts, Mathematics, and Science. This evidence-based curriculum is currently available for grades K-2. OrganWise Guys® series can be conducted in schools, childcare centers, churches, libraries, homes, and other community centers through volunteers or Family Nutrition Program staff(if available)	
Camp		X		B&c Software Training Service	TechieType Summer Camp	Touch Keyboarding, Exploring the Paint Program and technical games, 2 week duration, 3 hrs per day	Diamond Hill Baptist Church	\$20.00	No	9 am -12 noon	Monday - Thursday	7 through 12 years old	Pauline Stokes, FCS SNAP-ED Agent, Virginia Cooperative Extension P.O. Box 322 100 Dominion Drive Farmville VA 23901 pstokes@vt.edu or 434-392-4246 Fax Ann H. Wrenn	Call 434-237-3976	
Youth Organization Activity	available as scheduled	available as scheduled	available as scheduled	Virginia Cooperative Extension 4-H	Virginia Cooperative Extension 4-H Family Nutrition Program	Teaching Nutrition through Culinary skills Curriculum	A collaboration and partnership with any youth organization	None	N/A	available upon organization schedule		6th through 12th grades	Pauline Stokes, FCS SNAP-ED Agent, Virginia Cooperative Extension P.O. Box 322 100 Dominion Drive Farmville VA 23901 pstokes@vt.edu or 434-392-4246 Fax 434-392-4734	e-mail or telephone to request services	Teen Cuisine is a 4-H curriculum and handbook teaching teens from 6th through 12th grade about healthy living through a cooking based program. Each lesson focuses on cooking skills while teaching teens nutrition, food safety and physical activity. Teen Cuisine contains 6 lessons that last about 1 hour and 30 minutes and can be divided up easily into 45 minutes sessions or customized for audiences of different ages and abilities. All lessons build on one another and give the student time to practice new skills as well as develop new understanding and habits regarding personal nutrition and health. Each participant receives a handbook that is filled with vibrant colored pages that reinforce important skills as well as provide many healthy recipes for them to use at home with their families.
Youth Organization Activity	available as scheduled	available as scheduled	available as scheduled	Virginia Cooperative Extension 4-H	Virginia Cooperative Extension 4-H Family Nutrition Program	Healthy Weight for Health Kids	A collaboration and partnership with any youth organization	None	N/A	available upon organization schedule	available upon organization schedule	6th through 12th grades	Pauline Stokes, FCS SNAP-ED Agent, Virginia Cooperative Extension P.O. Box 322 100 Dominion Drive Farmville VA 23901 pstokes@vt.edu or 434-392-4246 Fax 434-392-4734	e-mail or telephone to request services	Teen Cuisine is a 4-H curriculum and handbook teaching teens from 6th through 12th grade about healthy living through a cooking based program. Each lesson focuses on cooking skills while teaching teens nutrition, food safety and physical activity. Teen Cuisine contains 6 lessons that last about 1 hour and 30 minutes and can be divided up easily into 45 minutes sessions or customized for audiences of different ages and abilities. All lessons build on one another and give the student time to practice new skills as well as develop new understanding and habits regarding personal nutrition and health. Each participant receives a handbook that is filled with vibrant colored pages that reinforce important skills as well as provide many healthy recipes for them to use at home with their families.
Intercession Enrichment Camp	X			Jubilee Family Development Center	Jubilee Family Development Center	5 Enrichment Camps offered during the Lynchburg City Schools Intercessions. The Camps will focus on - Science, Technology, Engineering, Nutrition and Physical Fitness	1512 Florida Avenue- Lynchburg, VA 24501	\$50.00 per week or \$10 per Day	Yes	7:30 a.m. - 6:00 p.m.	October 19 to 23, 2015; November 2-3, 2015; December 21-23 and 28-31, 2015; February 15 to 19, 2016; March 28 to April 1, 2016	6 yrs - 14 yrs.	Sterling A. Wilder - 434-845-0433	Intercession Camp Application	Application Forms may be picked up from Jubilee or found on the website: www.jubileefamily.org
After School Tutorial			X	Jubilee Family Development Center	Youth Education Support (YES) After School Tutorial Program	Daily Program (After school homework assistance) (Life-skills)	1512 Florida Avenue- Lynchburg, VA 24501	Free	N/A	2:30 PM- 6:00PM	Monday Thru Friday	1st through 12th grades	Sterling A. Wilder - 434-845-0433	Membership Application	Application Forms may be picked up from Jubilee or found on the website: www.jubileefamily.org

Summer Camp	X	Jubilee Family Development Center	Summer Camp	Ten Week Summer Enrichment Program. 20+ speciality camps - Science, STEM, All American Sports, Basketball, Back to Future Camp, Junior Shark Tank...	1512 Florida Avenue- Lynchburg, VA 24501	\$60.00 per week	Yes	7:30 a.m. - 6:00 p.m.	Monday thru Friday	6 yrs - 14 yrs.	Sterling A. Wilder - 434-845-0433	Summer Camp Application	Application Forms may be picked up from Jubilee or found on the website: www.jubileefamily.org		
Day Camp	X	Jubilee Family Development Center	Day Camp		Jubilee Family Development Center	\$50 per week or 10\$ per day				Oct. 19 to 23, 2015 and Nov. 2-3, 2015 and December 21-23 and 28-31, 2015 and Feb. 15-19, 2016 and March 28 to April 1, 2016	Ages 6-18	Sterling A. Wilder - 434-845-0433			
Human Kind Child Care Resource Center	X	Human Kind	Resource Library	Books, toys and thematic notes available for borrowing.	150 Linden Ave. and 2600 Memorial Ave.	None	N/A	Linden Ave. - 8:30 - 4:30, Memorial Ave. T, Th. - 10 - 2			M-F	Ages 0 - 8	Joan Rowe, Joan Rowe, Director of HumanKind's Child Care Resource Center (434)384-3131 x3684 or email JCRRC@hkind.org	First time free registration required	None
Class	X	HumanKind	Financial Literacy Classes	As part of our Economic Empowerment program, we are offering free financial literacy classes to the community. Our program addresses personal finances, budgeting, spending plans, savings, financial organization and credit.	2600 Memorial Avenue Suite 201 Lynchburg, VA 24501	No cost	N/A	5-8 PM	Every Other Tuesday	High School students and/or Parents		Pam Carroll (434) 845-5944 x 241 or WTWLYnchburg@humankind.org	Call Pam Carroll to RSVP for the class.		
Summer Camp	X	Churches for Urban Ministry	Camp Timothy	Bible based summer day camp for children ages 5-14. Activities include Bible study, recreation, swimming, camping, drama, story telling, cooking and field trips.	Westminster Presbyterian Church, 1022 Floyd Street, Lynchburg	\$110	Yes	8:45-2:30		June 22-July 30		847-6655	847-6655	none	
After School and Summer Camp	X	Strategic Therapy Associates	Project Phoenix After School & Summer Camp	Therapeutic Day Treatment Services help develop school successes by supporting students with behavioral challenges in the school, home or community settings. Counselors work with students individually or in a group setting to help manage defiant behaviors, impulse control, peer relations, anger management, disrespect toward authority, physical aggression, and other behaviors that may cause classroom and school disruptions.	1030 McConville Road Ste. 7B	Funded by Medicaid if meets eligibility criteria	N/A	After school hours: 3:30-6:30pm Summer camp hours: 8:3am-1:30pm or 1:00-6:00pm	Monday-Friday and some Saturdays	Ages 4-18	Contact Misty Grossman @ 237-9450 Ext. 107	Contact Misty Grossman @ 237-9450 Ext. 107	Medicaid requires all students to have a Vicap Assessment. Strategic Therapy helps clients and families navigate through the Vicap process.		
Life Skills Coaching	X	Aunt Gwen's Place, LLC		One-on-One Life Skills Coaching, Educational Services, Twelve Week Life Skills Course, After Care and Crisis Intervention, Independent Living Workshops, Youth Incentives and Community Resources, and Foster Parent and Agency Independent Living Trainings	147 Mil Ridge Road Suite 202--Mailing address is PO BOX 4157 Lynchburg VA 24502	\$47.50 per hour (one-on-one effective July 1, 2014)	If FAPT Funded	Office hours Monday-Friday 9-5pm	Services are provided one-on-one with Youth in the community	Male or female, age 14-21	Dashia Womack, M.S. QMHP	Dashia Womack, M.S. QMHP	dwomack@auntgwensplace.org		

Summer camp	X	City of Lynchburg Parks and Recreation	Summer camp	Day camp with sports, crafts, field trips, swimming, educational programming	Yoder Center, 109 Jackson St.	80	Yes	8:30-5:30	6/15-7/10 7/20-8/14	6yrs-11yrs	Christopher Brown, 434-847-1645	Register on-line or in person	There are about 30 spaces available for each session.
Free Lunch Every Day	X	Lynchburg Daily Bread	Free Lunch every day	We serve a free, hot lunch every day of the year from 10:50a-12:20p at our dining room at the corner of 8th & Clay downtown. We also bring excess meals to James Crossing Apts. Community Center on Wednesdays at noon.	721 Clay St.	Free	N/A	10:50-12:20	365 days a year	All ages	Kelli Diaz: 434-845-5703	N/A	
Summer reading	X	Lynchburg Public Library	Summer Reading Program: Read to the Rhythm	Weekly activities for children ages 0-12 to encourage children to keep reading and learning during the summer.	Lynchburg Public Library	Free	N/A	M/W/F/SAT 9:30 a.m. - 5:30 p.m. and T/TH 9:30 a.m. - 8:00 p.m.	Summer Reading Program kick-off on Wednesday, June 10 at 1:00-1:45 p.m.	Ages 0-12	Beverly Blair / Youth Services / 434-455-6320	Beverly Blair / Youth Services / 434-455-6320	Weekly programs begin Monday, June 15 through Saturday, August 1. Monday Musicals: movies open to all ages at 10:30 a.m. Babygarten (ages 0-23 months & parents): Fridays at 10:30 a.m. Limit 30 babies. Tales for Twos (2-year-olds & parents): Tuesdays at 10:30 a.m. or 11:00 a.m. Limit 20 children. Preschool Pizzazz (3-5 year-olds, parents do not